

# Gymnastic Schedule 2019 - 2020

(Effective 9/1/2019)

## ACROBATIC ACADEMY FITNESS & EDUCATION CENTER, INC.

2111 N. Maize Rd. 721-2230

[www.acrobaticacademy.com](http://www.acrobaticacademy.com)

New students are required to pay the yearly registration fee: \$35.00 (\$15.00 June-Aug) & the 1st month's class fee.

Registration fees are non-refundable.

The 2019-20 year begins September 1, 2019

Class times may be subject to change and/or cancellation.

A written drop notice is to be submitted the first of the month, along with the monthly payment in order to discontinue class.

Payment for class fees not received by the 10th of any month will be assessed a late fee of \$5.00.

Please ask the office for information regarding discounts for multiple classes.

Monthly Fees	30 min.	40 or 45 min	1 Hr.	90 min	2 Hr.
	\$45.00	\$50.00	\$55.00	\$78.00	\$96.00 (These prices are with auto pay)

AAI GYMNASTIC CLASSES - Contact the AAI office for gymnastic openings at 721-2230.

PARENT TOT				
All classes 40- 45 mins. 12mos -2 yr 11 mos.				
Time		Teacher	Ages	F/M
Monday				
6:15pm	6:55pm	Lori	Tot	Mix
Tuesday				
9:45am	10:30 AM	Carolyn N	Tot	Mix
5:45pm	6:30pm	Lori	Tot	Mix
Wednesday				
10:00am	10:45am	Carolyn B	Tot	Mix
5:45pm	6:30pm	Lori	Tot	Mix
6:45pm	7:30pm	Carolyn N	Tot	Mix
Thursday				
6:20pm	7:00pm	Tina	Tot	Mix

BEGINNER				
All classes 45 min. Ages 3 to 4 years				
Time		Teacher	Ages	F/M
Monday				
4:30pm	5:15pm	Tina	3-4 yrs.	Mix
5:30pm	6:15pm	Lori	3-4 yrs.	Mix
6:30pm	7:15pm	Carolyn N	3-4 yrs.	Mix
Tuesday				
9:00am	9:45am	Carolyn N	3-4 yrs.	Mix
5:00pm	5:45pm	Lori	3-4 yrs.	Mix
6:00pm	6:45pm	Renee	3-4 yrs.	Mix
6:30pm	7:15pm	Lori	3-4 yrs.	Mix
Wednesday				
9:15am	10:00am	Carolyn B	3-4 yrs.	Mix
5:00pm	5:45pm	Carolyn N	3-4 yrs.	Mix
5:30pm	6:15pm	Faith	3-4 yrs	Mix
6:30pm	7:15pm	Lori	3-4 yrs.	Mix
Thursday				
5:00pm	5:45pm	Faith	3-4 yrs.	Mix
5:30pm	6:15pm	Tina	3-4 yrs.	Mix
6:45pm	7:30pm	Dakota	3-4 yrs.	Mix

Please  
check  
with front  
office  
for  
openings

ADVANCED BEGINNER **= split L. Int.				
All classes 1 hour Ages 4 and older				
Time		Teacher	Ages	F/M
Monday				
**4:30pm	5:30pm	Renee	7-10 yrs.	Mix
4:30pm	5:30pm	Carolyn N	5-8 yrs.	Mix
4:30pm	5:30pm	Lori	5-7 yrs.	Mix
5:15pm	6:15pm	Tina	4-6 yrs.	Mix
5:30pm	6:30pm	Renee	4-7 yrs.	Mix
**6:00pm	7:00pm	Michelle	5-8 yrs.	Female
**7:00pm	8:00pm	Lori	5-7 yrs	Female
**7:15pm	8:15pm	Tina	5-12 yrs.	Mix
Tuesday				
5:00pm	6:00pm	Renee	7-12 yrs.	Mix
5:00pm	6:00pm	Melissa	5-9 yrs	Female
5:00pm	6:00pm	Kelsea	5-9 yrs.	Mix
5:30pm	6:30pm	Catherine	5-7 yrs.	Mix
6:30pm	7:30pm	Catherine	5-8 yrs.	Mix
6:45pm	7:45pm	Renee	4-7 yrs.	Mix
Wednesday				
5:00pm	6:00pm	Dakota	5-9 yrs.	Mix
**5:30pm	6:30pm	Renee	5-10 yrs.	Male
5:45pm	6:45pm	Carolyn N	5-10 yrs.	Female
6:15pm	7:15pm	Faith	5-8 yrs.	Mix
6:30pm	7:30pm	Tasha	5-8 yrs.	Female
Thursday				
5:15pm	6:15pm	Eric	5-12 yrs.	Male
**5:30pm	6:30pm	Carolyn B.	4-7 yrs.	Female
5:30pm	6:30pm	Dakota	5-9 yrs.	Mix
5:45pm	6:45pm	Faith S	4-7 yrs.	Mix
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
** 7:00pm	8:00pm	Tina	5-8 yrs.	Mix

W/L = Wait List



Please consult with your current teacher or the front desk for correct level placement of your child.



GYMNASTICS SCHEDULE CONT.

**LOW INTERMEDIATE \*\*= L. Int. \* = H. Int.**

LOW INTERMEDIATE **= Split A. beg. *= Split H. Int.				
All classes are 1 hour Ages 5 and older				
Time		Teacher	Ages	F/M
Monday				
**4:30pm	5:30pm	Renee	7-10 yrs.	Mix
5:30pm	6:30pm	Carolyn N	5-8 yrs.	Mix
**6:00pm	7:00pm	Michelle	5-8 yrs.	Female
6:15pm	7:15pm	Tina	5-12 yrs.	Mix
**7:00pm	8:00pm	Lori	5-7 yrs.	Female
**7:15pm	8:15pm	Tina	5-12 yrs.	Mix
Tuesday				
6:00pm	7:00pm	Melissa	6-12 yrs.	Female
7:30pm	8:30pm	Catherine	7-12 yrs.	Mix
Wednesday				
5:00pm	6:00pm	Melissa	5-9 yrs.	Female
**5:30pm	6:30pm	Renee	5-9 yrs.	Male
Thursday				
4:30pm	5:30pm	Tina	5-8 yrs.	Mix
5:15pm	6:15pm	Renee	5-10 yrs.	Female
**5:30pm	6:30pm	Carolyn B	5-9 yrs.	Female
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
Saturday				
10:30am	11:30am	Tasha	6-12 yrs.	Mix

**HIGH INTERMEDIATE \*= Split L. Int.**

All classes are 1 hr or 90 min.				
Time		Teacher	Ages	F/M
Monday				
5:45pm	7:15pm	Carrie	7-10 yrs	Female
* 7:00pm	8:30pm	Michelle	6-10 yrs.	Female
Tuesday				
7:30pm	8:30pm	Tasha	6-12 yrs.	Mix
7:00pm	8:30pm	Melissa	6-15 yrs.	Female
Wednesday				
6:30pm	8:00pm	Renee	5-10 yrs.	Mix
Thursday				
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
6:15pm	7:45pm	Renee	5-10 yrs.	Female
7:00pm	8:30pm	Melissa	8+ yrs.	Female

**LOW ADVANCED TO ADVANCED \*= Split H. int.**

Classes are 90 min or 2 hrs				
Time		Teacher	Ages	F/M
Monday				
06:30 PM	08:30 PM	Tasha	8-15yrs.	Female
Wednesday				
06:00 PM	08:00 PM	Melissa	6+ yrs.	Female
Thursday				
05:00 PM	07:00 PM	Melissa	8-15yrs.	Female



**TUMBLE TRAMPOLINE CLASSES**

All Classes are 1 hour				
Class Concentrates on tumbling and floor skills				
Time		Teacher	Age/Lvl.	F/M
Monday				
6:00pm	7:00pm	Carolyn B.	10+ yrs. L/H Int.	Female
7:00pm	8:00pm	Carolyn B.	10+ yrs. L.Adv/Adv.	Female
Tuesday				
6:30pm	7:30pm	Tasha	7-12yrs. A.B/ L. Int	Mix
Thursday				
7:30pm	8:30pm	Dakota	8-16yrs. A.B/L. Int	Female
Saturday				
9:30am	10:30am	Tasha	7-15 yrs. H. Int./L.Adv.	Mix

**NINJA WARRIOR CLASSES**

Time	Teacher	Ages	F/M
Monday			
6:00pm 7:00pm	Matin	8+ yrs.	Mix
Tuesday			
6:00pm 7:00pm	Matin	7+ yrs.	Mix
Wednesday			
6:00pm 7:00pm	Camden	6-9 yrs.	Mix
Friday			
6:00pm 7:00pm	Matin	8+ yrs.	Mix

**TAEKWONDO**

Time		Age	Teacher
Monday			
6:30pm	7:30pm	5+ yrs.	Master Hawkins
Wednesday			
6:30pm	7:30pm	5+yrs.	Master Hawkins

**RECREATIONAL CHEER**

Time	Age	Teacher
Tuesday		
5:45pm 6:45pm	6-10 yrs.	Ms. Briana

Contact Fit Physique at 721-2521 for following  
 Outdoor Extreme Training Class  
 Group Exercise Classes  
 Yoga & Pilates  
 Personal training for Adults and Youth