

Gymnastic Schedule 2020-2021

(Effective 11/1/2020)

ACROBATIC ACADEMY FITNESS & EDUCATION CENTER, INC.
 2111 N. Maize Rd. 721-2230

www.acrobaticacademy.com

New students are required to pay the yearly registration fee: \$35.00 (\$15.00 June-Aug) & the 1st month's class fee.
 Registration fees are non-refundable.

The 2020-2021 year begins September 1, 2021.

Class times may be subject to change and/or cancellation.

A written drop notice is to be submitted the first of the month, along with the monthly payment in order to discontinue class.

Payment for class fees not received by the 10th of any month will be assessed a late fee of \$5.00.

Please ask the office for information regarding discounts for multiple classes.

Monthly Fees	30 min.	40 or 45 min	1 Hr.	90 min		2 Hr.
	\$45.00	\$50.00	\$55.00	\$78.00		\$96.00 (These prices are with auto pay)

AAI GYMNASSTIC CLASSES - Contact the AAI office for gymnastic openings at 721-2230.

PARENT TOT				
All classes 40- 45 mins. 12mos -2 yr 11 mos.				
Time	Teacher	Ages	F/M	
Monday				
6:15pm	6:55pm	Lori	Tot	Mix
Tuesday				
9:45am	10:30am	Renee	Tot	Mix
5:45pm	6:30pm	Lori	Tot	Mix
Wednesday				
10:00am	10:45am	Renee	Tot	Mix
5:45pm	6:30pm	Lori	Tot	Mix
Thursday				
6:20pm	7:00pm	Tina	Tot	Mix

ADVANCED BEGINNER **= split L. Int.				
All classes 1 hour Ages 4 and older				
Time	Teacher	Ages	F/M	
Monday				
**4:30pm	5:30pm	Renee	5-10 yrs.	Mix
4:30pm	5:30pm	Lori	5-7 yrs.	Mix
5:15pm	6:15pm	Tina	4-6 yrs.	Mix
5:30pm	6:30pm	Renee	4-7 yrs.	Mix
**7:15pm	8:15pm	Tina	5-8 yrs.	Mix
Tuesday				
5:00pm	6:00pm	Renee	7-12 yrs.	Mix
5:00pm	6:00pm	Kelsea	5-9 yrs.	Mix
5:00pm	6:00pm	Melissa	5-9 yrs.	Female
5:30pm	6:30pm	Catherine	5-8 yrs.	Mix
6:30pm	7:30pm	Lori	4-6 yrs.	Mix
6:30pm	7:30pm	Catherine	5-8 yrs.	Mix
6:45pm	7:45pm	Renee	4-7 yrs.	Mix
Wednesday				
5:00pm	6:00pm	Dakota	5-9 yrs.	Mix
**5:30pm	6:30pm	Renee	5-10 yrs.	Male
5:45pm	6:45pm	Michelle	5-10 yrs.	Female
6:15pm	7:15pm	Faith	5-8 yrs.	Mix
Thursday				
10:00am	11:00am	Renee	4-6 yrs.	Mix
**11:00am	12:00pm	Renee	6+ yrs.	Mix
5:15pm	6:15pm	Eric	5-12 yrs.	Male
5:30pm	6:30pm	Dakota	5-9 yrs.	Mix
5:45pm	6:45pm	Faith	4-7 yrs.	Mix
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
**7:00pm	8:00pm	Tina	5-8 yrs.	Mix

Please check with front office for openings

BEGINNER				
All classes 45 min. Ages 3 to 4 years				
Time	Teacher	Ages	F/M	
Monday				
4:30pm	5:15pm	Tina	3-4 yrs.	Mix
4:45pm	5:30pm	Kelsea	3-4 yrs.	Mix
5:30pm	6:15pm	Lori	3-4 yrs.	Mix
6:30pm	7:15pm	Kelsea	3-4 yrs.	Mix
Tuesday				
9:00am	9:45am	Renee	3-4 yrs.	Mix
10:30am	11:15am	Renee	3-4 yrs.	Mix
5:00pm	5:45pm	Lori	3-4 yrs.	Mix
6:00pm	6:45pm	Renee	3-4 yrs.	Mix
6:15pm	7:00pm	Dakota	3-4 yrs.	Mix
Wednesday				
9:15am	10:00am	Renee	3-4 yrs.	Mix
5:00pm	5:45pm	Lori	3-4 yrs.	Mix
5:30pm	6:15pm	Faith	3-4 yrs.	Mix
6:30pm	7:15pm	Lori	3-4 yrs.	Mix
Thursday				
5:00pm	5:45pm	Faith	3-4 yrs.	Mix
5:30pm	6:15pm	Tina	3-4 yrs.	Mix
6:45pm	7:30pm	Dakota	3-4 yrs.	Mix

W/L = Wait List



Please consult with your current teacher or the front desk for correct level placement of your child.



GYMNASTICS SCHEDULE CONT.

LOW INTERMEDIATE **= L. Int. * = H. Int.

LOW INTERMEDIATE **= Split A. beg. *= Split H. Int.				
All classes are 1 hour Ages 5 and older				
Time	Teacher	Ages	F/M	
Monday				
**4:30pm	5:30pm	Renee	5-10 yrs.	Mix
5:30pm	6:30pm	Kelsea	5-8 yrs.	Mix
*6:00pm	7:00pm	Michelle	5-8 yrs.	Mix
6:15pm	7:15pm	Tina	5-12 yrs.	Mix
7:00pm	8:00pm	Lori	5-7 yrs.	Female
**7:15pm	8:15pm	Tina	5-8 yrs.	Mix
Tuesday				
6:00pm	7:00pm	Melissa	6-12 yrs.	Female
7:30pm	8:30pm	Catherine	7-12 yrs.	Mix
Wednesday				
5:00pm	6:00pm	Melissa	5-9 yrs.	Female
**5:30pm	6:30pm	Renee	5-9 yrs.	Male
Thursday				
4:30pm	5:30pm	Tina	5-8 yrs.	Mix
5:15pm	6:15pm	Renee	5-10 yrs.	Female
**5:30pm	6:30pm	Carolyn B	4-7 yrs.	Female
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
6:30pm	7:30pm	Carolyn B	5-9 yrs.	Mix
Saturday				
10:30am	11:30am	Tasha	6-12 yrs.	Mix

HIGH INTERMEDIATE *= Split L. Int.

All classes are 1 hr or 90 min.				
Time	Teacher	Ages	F/M	
Monday				
*6:00pm.	7:00pm	Michelle	5-8 yrs.	Female
* 7:00pm	8:30pm	Michelle	6-10 yrs.	Female
Tuesday				
7:30pm	8:30pm	Tasha	6-12 yrs.	Mix
7:00pm	8:30pm	Melissa	6-15 yrs.	Female
Wednesday				
6:30pm	8:00pm	Renee	5-10 yrs.	Mix
Thursday				
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
6:15pm	7:45pm	Renee	5-10 yrs.	Female
7:00pm	8:30pm	Melissa	6+ yrs.	Female

LOW ADVANCED TO ADVANCED *= Split H. int.

Classes are 90 min or 2 hrs				
Time	Teacher	Ages	F/M	
Monday				
6:30pm	8:30pm	Tasha	8-15yrs.	Female
Wednesday				
6:00pm	8:00pm	Melissa	6+ yrs.	Female
Thursday				
5:00pm	7:00pm	Melissa	8-15yrs.	Female

TUMBLE TRAMPOLINE CLASSES

All Classes are 1 hour				
Class Concentrates on tumbling and floor skills				
Time	Teacher	Age/Lvl.	F/M	
Monday				
6:00pm	7:00pm	Carolyn B.	10+ yrs. L/H Int.	Female
7:00pm	8:00pm	Carolyn B.	10+ yrs. L.Adv/Adv.	Female
Tuesday				
6:30pm	7:30pm	Tasha	7-12yrs. A.B./L.	Mix
Thursday				
7:30pm	8:30pm	Dakota	8-16yrs. A.B/L.	Female
Saturday				
9:30am	10:30am	Tasha	15 yrs. H. Int./L.Adv	Mix

NINJA WARRIOR CLASSES

Time	Teacher	Ages	F/M	
Monday				
6:00pm	7:00pm	Matin	8+ yrs.	Mix
Tuesday				
6:00pm	7:00pm	Matin	7+ yrs.	Mix
7:00pm	8:00pm	Jonah	7+ yrs.	Mix
Friday				
6:00pm	7:00pm	Matin	8+ yrs.	Mix

TAEKWONDO

Time	Age	Teacher	
Monday			
6:30pm	7:30pm	5+ yrs.	Master Hawkins

Contact Fit Physique at 721-2521 for following
 Outdoor Extreme Training Class
 Group Exercise Classes
 Yoga & Pilates
 Personal training for Adults and Youth

